

Carers Hospital Discharge Support

(3.4.20)

Unpaid friend and family carers requiring support as a result of their caring responsibilities (their needs, as opposed to those of the cared for), should be referred to the **Carers Hub** (01273-933688, carershub.co.uk, info@thecarershub.co.uk, Mon to Fri only).

The range of support available from the Carers Hub, has been streamlined to reflect current Government guidance regarding social distancing. The key areas that the Carers Hub can provide are:

Connecting carers to the key services to support them with their caring role

Signposting to up to date information, advice and guidance

Contingency Planning support to complete Carers Emergency Back Up Plans, to identify their informal networks who can support them if necessary

Phone Support emotional/wellbeing support via phone, and emerging digital options

To make a Hospital Discharge Carers Hub referral, please email the Carers Hub info@thecarershub.co.uk:

- Put "CARERS HOSPITAL DISCHARGE" in the subject heading, to enable the referral to be prioritised
- Provide the carers contact details and any other relevant information

The Carers Hub will contact the Duty Carers Assessment Worker (hospital), who will contact the carer (within 24hrs Mon-Fri) and complete a Carers Contact Assessment (Covid 19), they will then email the outcome of their contact with the carer to bsuh.dischargegovernancecontrolcentre@nhs.net

Any questions/issues please contact:

Gemma Scambler, Commissioning Manager (Carers) – gemma.scambler@brighton-hove.gov.uk



01273-933688 carershub.co.uk info@thecarershub.co.uk