

## Recommended Reading

December 2019

Author	Title	Topic
Adam Kay	This is going to hurt: Secret diaries of a junior doctor	Medical and healthcare culture
Yuval Noah Harrari	21 lessons for the 21 <sup>st</sup> Century	An exploration of what it means to be human in an age of bewilderment
Yuval Noah Harrari	Homo Deus	An exploration of the future of humanity
Yuval Noah Harrari	Sapiens	The history of how homo sapiens became the dominant species
Caroline Criado Perez	Invisible Women	Exposing data bias in a world designed for men
Kerry Patterson et al	Crucial Conversations	Managing conflict
Kerry Patterson et al	Influencer	How to influence change
Kerry Patterson et al	Change anything	How to influence change
Malcolm Gladwell	Tipping point	How people influence
Malcolm Gladwell	Blink	Expertise
Malcolm Gladwell	Outlier	Expertise
Malcolm Gladwell	David & Goliath	Power imbalances
Malcolm Gladwell	Talking to Strangers	How we judge people
JM Kouze & BZ Posner	The Truth about leadership	Leadership effectiveness
Dan & Chip Heath	Stick: why some Ideas survive...	Human dimensions of change
Dan & Chip Heath	Switch	Human dimensions of change
Dan & Chip Health	The power of moments	Designing great experiences

e: [brian@dolanholt.co.uk](mailto:brian@dolanholt.co.uk)  
t: @brianwdolan  
f: [www.facebook.com/endpjaralysis](https://www.facebook.com/endpjaralysis)

Author	Title	Topic
Atul Gawande	The Checklist Manifesto	Patient Safety
Atul Gawande	Complications	Patient Safety
Atul Gawande	Better	Patient Safety
Atul Gawande	Being Mortal	Whole systems reformation
Emer O'Toole	Girls will be girls	Feminism and how gender roles are performed
Matthew Syed	Black Box Thinking	Patient Safety
Matthew Syed	Rebel ideas	The power of diverse thinking
Brene Brown	Dare to Lead	Brave work, tough conversations, whole hearts
Brene Brown	The power of Vulnerability	Shame, authenticity and courage
Brene Brown	Daring Greatly	Vulnerability and courage
Brene Brown	Braving the Wilderness	Engagement with those with different worldviews
Jeremy Heimans, Henry Timms	New Power	The balance between old and new power
Adam Grant	Originals	How non-conformists move the world forward
Sheryl Sandberg, Adam Grant	Option B	Facing adversity, building resilience and finding joy
Susan Cain	Quiet	The power of introverts in a world that can't stop talking
Daniel Pink	When	The Scientific Secrets of Perfect Timing
Daniel Pink	Drive	The surprising truth about what motivates us
Simon Sinek	The Infinite Game	How to achieve long-lasting success

Author	Title	Topic
Simon Sinek	Start with Why	How great leaders inspire everyone to take action
Clay Scroggins	How to lead when you're not in charge	Leveraging influence when you lack authority
Viktor Frankl	Man's search for meaning	We cannot avoid suffering but we can choose how to cope and find meaning in it
Daniel Kahneman	Thinking fast and slow	The two systems that drive the way we think
L David Marquet	Turn the ship around!: A true story of turning Followers into leaders	Culture, leadership, change