

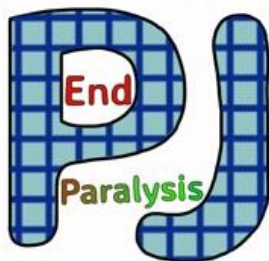
#EndPJparalysis has become a global movement embraced by nurses, therapists and medical colleagues. Its aim: to value patients' time and help more people to live the richest, fullest lives possible by reducing immobility, muscle deconditioning, and dependency at the same time as protecting cognitive function, social interaction and dignity.

Useful places to learn more about this:

[Prof Brian Dolan MBE Recommended Reading](#)

[Valuing Patient Time Resources](#)

Finally please check out the website: <https://endpjaralysis.org/>



Brighton and Sussex 
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