

Inpatient Diabetes Referrals RSCH

- We will continue to provide advice for all diabetes inpatients. This will be a limited service and restricted to phone advice where possible.
- The 8809 bleep is no longer held by a diabetes/endocrinology SpR
- Please make all **diabetes referrals** via the Intranet: 'Inpatient diabetes specialist nursing team referral form'. There will be weekend and BH cover, but with limited capacity
- Please make referrals for a **diabetic foot problem** to the specialist podiatrist via the Intranet: 'Podiatry inpatient referral form'.
- Please specify whether the patient is on a red or green zone in your referral.
- Please refer to the **Covid front door guidance** about the acute care of patients with Covid-19 and diabetes, which can be accessed via Microguide.

Inpatient Endocrine Referrals RSCH

- We will be providing an advice and guidance endocrinology service for inpatients.
- This will be a limited service, restricted to email/phone advice where possible.
- The 8809 bleep is no longer held by a diabetes/endocrinology SpR

- For routine queries and referrals, please email:
bsuh.diabetes.endocrine.inpatient.referrals@nhs.net
 - Please ensure the following information is included in your referral
 - Name
 - Dob
 - Hospital Number
 - Ward (and whether red or green zone)
 - Reason for referral
 - Contact number/bleep

- For urgent referrals requiring an immediate response, please contact the duty endocrine consultant via 65204

- To refer a patient to the Pituitary MDT: referrals should be made via the Intranet on-line referral form: 'Sussex Pituitary MDT referral'. Urgent pituitary referrals should be directed via neurosurgery.

Discharge of diabetes patients RSCH

GP practice in Brighton & Hove, High Weald, Lewes & Havens CCGs:

- Type 1 diabetes or Type 2 on insulin
 - If diabetes was their reason for attending:
 - Please request follow-up by the Diabetes Care For You (DCFY), Sussex Community Trust diabetes service:
 - email the discharge summary to
 - SC-TR.sussexdiabetesenquiries@nhs.net
 - If the patient needs urgent post-discharge review, call 0300 303 8066 (weekdays) or contact the DCFY duty diabetes nurse via switchboard (weekends)
- If the patient is new to insulin and requires education:
 - Please refer via the Intranet:
 - 'Inpatient diabetes specialist nursing team – referral form'
 - If the inpatient diabetes specialist nursing team is unavailable, please contact the DCFY team (as above), to see if they can support the patient's discharge.
 - Before discharge, patients must either be able to administer their own insulin, or you will need to ensure that district nurses can support their insulin administration.
- For all patients on insulin, ensure that they are discharged with a supply of insulin pens, pen needles, monitor and test strips.
- For patients on oral medications, discharge to GP as usual.

GP practice not within the DCFY catchment area (DCFY covers Brighton & Hove, High Weald, Lewes & Havens CCGs):

- For patients requiring diabetes follow-up post-discharge
 - Please refer via the Intranet:
 - 'Inpatient diabetes specialist nursing team – referral form', and the team will advise further.
- For patients on oral medications, discharge to GP as usual.