

Proning in PPE for COVID-19 patients (assuming standard turn towards ventilator)



Team in position, briefed and patient prepared.
Slide patient laterally away from the ventilator



Tilt patient 30° away from ventilator
Tuck old sheet under patient, then place two slide sheets (1 upper body / 1 lower body).
Place new sheet on bed, with free edge almost to floor, and any spare rolled under patient.
Return patient to lying on their back, on top of the rolled up slide sheets and new sheet.



Tuck patient's arm nearest ventilator thumb first under hip.
Place two pillows next to patient, 1 for upper chest, the other for pelvis. Leave gap for abdomen.
Place inco pads next to patient's head.
Ensure catheter is at foot of bed and male genitalia between legs.



Roll the patient towards the ventilator until shoulders/hips are vertical.
Remove old sheet and pull rolled up slide sheets / fresh sheet through.
Grasp new sheet.



With gentle traction on sheet pull the patient through, whilst simultaneously controlling their turn into prone position.
Keep head facing towards ventilator.



Re-establish monitoring and re-connect arterial line.
Ensure ventilator tubing is not kinked nor pulling on ETT.
Ensure central line is not under traction and all infusions are connected appropriately.
Check face and pressure areas.
Bring pillow under ankles to protect feet.
Place gown or sheet over patient.

De-Proning in PPE for COVID-19 patients

(assuming standard turn away from ventilator)



Team in position, briefed and patient prepared.

Patient's head facing ventilator and arms by sides.

Slide patient laterally towards the ventilator.

Tilt patient 30° towards ventilator.

Tuck old sheet under patient, preserving the two slide sheets (1 upper body / 1 lower body).

Place new sheet on bed, with free edge almost to floor, and any spare rolled under patient.

Return patient to lying prone.



Roll the patient so their chest faces toward the ventilator until shoulders/hips are vertical.

Remove old sheet and pull rolled up slide sheets / fresh sheet through. If pillows are free, remove now.

Grasp new sheet.



With gentle traction on sheet pull the patient through, whilst simultaneously controlling their turn into supine position.

Re-establish monitoring and re-connect arterial line.

Ensure ventilator tubing is not kinked nor pulling on ETT.

Ensure central line is not under traction and all infusions are connected appropriately.