Our aims

To facilitate access to information and evidence for health care staff and students, when they need it, and in a form they can use.

To provide expertise, tools and techniques to allow colleagues to share and apply knowledge. To facilitate the spread of technology enhanced learning.

To consolidate on our successes, building a strong team that is well-placed to innovate and further improve the quality of our service.

By achieving these aims we will improve the health, well-being and quality of care for local patients and the public, broaden the knowledge of health care professionals and help ensure that services are fit-for-purpose.

*Brighton & Sussex LKS serves mainly SPFT staff in Brighton & Hove, Haywards Heath and mid-Sussex. Staff based in the east, west and north of Sussex are supported by other NHS LKS, though they can register with Brighton & Sussex if they wish.

Activity data in this report refers to Brighton & Sussex LKS only.
“Many thanks for a really useful session going through everything. I really appreciated your time.” - Clinical Research Coordinator

“Thanks for your time yesterday, everyone found it really helpful. I will circulate your presentation to the whole team.” - Speech and Language Therapist

“Thank you very much for the Endnote training session. I found it very helpful.” - Nurse Researcher

“I will be using these skills to conduct a quality improvement project.” - Trainee Clinical Psychologist

“I thought [the teaching session] was great, went at my pace and was clear.” - Nursing Student
High quality services

Information skills teaching

We provide teaching on how to find the best evidence to improve quality, safety and productivity, how to access library resources and services, and how to critically appraise and evaluate the quality of research.

**80** SPFT staff attended our information skills teaching this year, an increase of 8% on the previous year.

In addition to our scheduled teaching programme, the Mental Health Specialist Librarian provides inductions for new staff at corporate inductions, new doctors-in-training, psychology and nursing students.

17 induction sessions were held.

324 SPFT staff and students received library inductions.

This year we developed two new teaching sessions, which will be rolled out to SPFT staff next year:

**Reflective Writing for Doctors**, for doctors wishing to improve their reflective writing skills for revalidation and appraisal.

**Preparing for Study**, for staff who are returning to study after a break.
“Amy’s help was invaluable, and I gained so much from attending the two [teaching] sessions. Previously, I lacked confidence as I was new to literature reviewing, however after the sessions, I felt that I had a sense of direction, motivation and understanding to the different step-by-step process in finding literature relevant to my research topic.” - Nursing Student
High quality services

Teaching sessions are scheduled at all three of our library sites.

SPFT staff attended:

37 skills teaching sessions, which represents 10.7% of all the teaching sessions run by our library service.

Of attendees at our teaching sessions:

84% work in Brighton & Hove
13% work in East Sussex
4% work in North West Sussex
“This is fantastic, Amy, thank you very much. I needed papers to inform a paper I was writing. I wrote the paper and it’s being reviewed by a journal.” - Clinical Psychologist

“Thank you so much for this, there’s interesting articles in this which will be very useful. I appreciate your efforts in getting this done.” - Clinical Psychologist

“Huge thanks to Amy for putting together this literature search. Thank you SO much for this extremely interesting list. It is really very exciting.” - Consultant Psychiatrist

“We needed to be confident that what we were promoting is evidence based and that we were within latest guidelines and up to date with clinical developments in the field. We received summaries, individual original research articles and systematic reviews. The systematic reviews were particularly helpful and relevant, and provided an evidence base to back up our work and approach. Reducing inappropriate prescribing in dementia care has a significant impact on reducing unnecessary/avoidable referrals, transfers of care, admission to hospital, and improving the quality of life. Whilst we previously knew this to be true anecdotally, we are now able to provide an evidence base for this.” - Mental Health Nurse
Up to date evidence

Evidence search requests

We provide in-depth reports on the latest evidence for patient care and service improvement.

69 expert searches to inform SPFT care provision were conducted for SPFT staff, an increase of 21% on the previous year.

This represents 9.85% of all the searches carried out across our library team.

35% of our expert searches for Sussex Partnership were carried out to provide evidence for service improvements. These included:

- Development and models in Crisis Care Pathways for children & young people
- Best practice in discharging patients from Community Mental Health Teams
- Development of DBT services for individuals in crisis
- Sensory integration and CAMHS
- Perfect Depression Care
- DBT/RODBT for adolescents with eating disorders
- Mental Health Practitioners (Nursing, Social Work, Psychology, OT) in GP practices
“Thank you so much for this. I've read through and there are distinct possibilities. Our group of speech and language therapists meet monthly to review relevant articles to enhance knowledge and ensure appropriate patient care is delivered. We received a list of articles pertinent to the requested clinical area. This should ensure up to date evidence is considered and delivered in the course of patient care.” - Speech & Language Therapist

“We are a fairly new service and we need to constantly update our knowledge and evidence base. The impact [of receiving this evidence] is shown by updating what we know and ensuring we are up to date with the latest advice and thinking.” - Psychotherapist

“Thanks for the fast response and the info. It's good to know I wasn't missing something! Your time and effort is appreciated, thanks again.” - Research Assistant

“The information helped me to challenge other agencies that had a less informed understanding of the situation which affected care planning and risk management negatively. Also to inform reports prepared for child protection meetings and the family court.” - Clinical Psychologist
The Mental Health Specialist Librarian and Associate Library Services Manager engage with SPFT staff at a range of meetings and forums: CAG Chairs, CAGs, ECAT, LAB, LFGs. This is to ensure our services and resources are aligned to specific organisational needs.

We produce tailored resource lists on mental health topics to give professionals a flavour of the rich resources available:

- Children and Adolescents
- Complex Emotional Difficulties
- Forensic
- Learning Disabilities
- Mood and Anxiety
- Nursing
- Older Adults
- Psychosis

Evidence search requests as proportion of staff served:

- 2015-2016: 5.2%
- 2016-2017: 7.9%
- 2017-2018: 8.7%
- 2018-2019: 9.9%

Requester’s staff group:

- Medical: 30%
- Professional & Technical: 20%
- Allied Health Professional: 19%
- Management & Admin: 13%
- Nursing: 12%
- Additional Clinical Services: 3%
- Students & Interns: 3%

Requester’s location:

- Brighton & Hove: 66%
- East Sussex: 14%
- North West Sussex: 12%
- Coastal West Sussex: 9%

Requester’s Care Delivery Service:

- Adult Services: 30%
- ChYPS: 28%
- Corporate: 16%
- Forensic Healthcare: 7%
- Learning Disabilities: 7%
- Adult Services East Sussex: 4%
- North West Carehomes: 3%
- Coastal West Sussex: 3%
“Thank you so much! So helpful.” - Assistant Psychologist

“Thank you Amy that’s really helpful.” - Assistant Psychologist

“Thank you for this very helpful information.” - Specialist Nurse Practitioner

“Thank you, you’ve been a huge help.” - Learning Disability Community Nurse

“Many thanks for helping out and for this information.” - Trainee Practitioner

“Really appreciated your help yesterday.” - Professional Practice Development Facilitator
The right resources at the right time

Journal subscriptions

A collection of approximately 1,000 online journal titles is available to SPFT staff via a regional purchase, with the cost shared amongst library and knowledge services in the region.

In addition, 15 individual journal titles are purchased specifically for use by SPFT staff.

SPFT staff also benefit from access to many of the journals and books we buy for other local organisations, further expanding the total number of titles available.

The Birmingham Course is purchased for all Sussex Partnership doctors-in-training, allowing them four months of access to revision for MRCPsych exams Paper A, Paper B and CASC.

The ClinicalKey collection provides journals, books, treatment monographs, systematic reviews, videos and images.

ANATOMY.TV

AnatomyTV is an online human anatomy resource with detailed 3D models of the human body.
“That’s such brilliant service, thank you so much.” - Consultant Psychologist

“Fantastico - thanks so much Amy.” - Consultant Clinical Psychologist

“Thanks so much for the detective work.” - Psychologist

“Many thanks Amy. The articles were really helpful.” - Community Psychiatric Nurse

“Thanks very much for helping with this.” - Clinical Psychologist

“You may have saved my life, thank you!” - Clinical Psychologist
The right resources at the right time

**Book loans**
- Items loaned from stock held at our three libraries.

**Document supply**
- Articles and books not held in stock, provided on request.

**Electronic books**
- Number of ebooks purchased for SPFT staff.

This year our document supply team began measuring the time it takes them to deliver requests:

- **67% of article requests are supplied the same day**
- **86% are supplied by the next working day**
- **80% of book requests are supplied within a week**

E-books are available to read online or to download for a 24-hour period.

A stock-take took place at Princess Royal Hospital Library to identify and replace missing books.
“Thank you so much for sorting this for me!” - Clinical Psychologist

“Brill thank you very much.” - Assistant Forensic Psychologist

“Thank you for your help with this.” - Assistant Psychologist

“Thank you very much Amy.” - Speciality Doctor

“Amy thanks so much for your support.” - Social Worker
Engaging the SPFT workforce

**Membership**

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**LKS members by staff group**

- 26% Professional & Technical
- 11% Nursing
- 15% Medical & Dental
- 17% Additional Clinical Services
- 3% Management, Admin & Central
- 6% Allied Health Professionals
- 3% Students
- 2% Other

**OpenAthens**

OpenAthens gives access to our online resources.

**OpenAthens accounts**

- 2016-2017: 793
- 2017-2018: 763
- 2018-2019: 763

**OpenAthens logins**

- 2016-2017: 5732
- 2017-2018: 4493
- 2018-2019: 4238

**LKS members by staff group**

- 28% Allied Health Professional
- 25% Nursing
- 17% Medical
- 15% Additional Clinical Services
- 3% Student
- 3% Professional & Technical
- 2% Management & Admin

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628 SPFT staff are members of the Brighton and Sussex LKS.

There are 1,471 SPFT staff working in the local area, meaning 43% of local SPFT staff are library members.

Library usage figures for SPFT staff are comparable to those for other local NHS Trusts served by Brighton & Sussex LKS.

Use of our services (evidence searches and updates, and teaching) is higher for SPFT than for all other Trusts served.

Use of our resources (physical and digital) is higher for SPFT than for all other Trusts served, except for BSUH.
“We [are] up to date with NICE guidelines and DOH literature due to the regular updates I receive from Knowledge Share. I find this subscription to be a really efficient way of keeping up to date in practice, which is important and part of the NMC Code of Practice.” - Mental Health Nurse
Engaging the SPFT workforce

Evidence updates

346 SPFT members received targeted email updates from us on new high-level evidence, national publications and local events. This is an increase of 31% on the previous year and represents 11.5% of the updates sent to all of our library members.

In addition to our targeted evidence updates, we produced six KnowledgeShare Alert bulletins on health management and governance for clinicians and managers.

This year, significant work took place to make KnowledgeShare GDPR-compliant and to avoid email spoofing.

This year we sent electronic table of content (etoc) alerts for 29 journal titles to 144 SPFT members.

16 new etoc alerts were created.
“I continue to be very grateful to the library service. You are always prompt, helpful and it makes a real difference to my confidence that I am providing evidence based care appropriately. The staff are friendly and supportive and take the fear out of asking! Many continued thanks for a most valuable service.” - Speech and Language Therapist
Our team

Mill View Hospital Library is staffed by our Mental Health Specialist Librarian and a team of library assistants.

We operate three libraries serving the local NHS community, at Royal Sussex County Hospital, Princess Royal Hospital and Mill View Hospital.

The library at Mill View Hospital is dedicated to Sussex Partnership staff and has print resources and study areas equipped with computers to meet their needs.

Mill View Hospital Library is managed by our Mental Health Specialist Librarian, Amy Dunn, with management support from our Associate Library Services Manager, Amanda Lackey.

This year Carrie Anne spent three days a week at our MVH site as well as working her substantive post two days per week at our RSCH site. Her secondment at MVH came to an end in March. We are very grateful to Carrie for providing this secondment cover.

At the end of March we were pleased to appoint Don Lickley to a permanent post at MVH. We welcome Don to our team.

Amy Dunn
Specialist Librarian

Carrie Anne
Senior Library Assistant

Christine Webster
Senior Library Assistant

Don Lickley
Senior Library Assistant

Brighton and Sussex NHS Library and Knowledge Service Annual Report 2018-2019
For further information or data please contact
a.lackey@nhs.net

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