**Pressure Area Assessment & MUST Screening**

**EPUAP CATEGORY: 1 or 2 3 or 4**

**MUST = 0 MUST = 1 MUST ≥ 2**

1) Give ‘Eating for Wound Healing’ diet sheet to patient or relatives

2) Encourage adequate oral intake of: meals >75% food offered; and fluids >1500ml daily

3) Encourage meals coded ‘Energy Dense’ (ED) on hospital menu

4) Offer snacks (yogurt, cheese & crackers, biscuits, cake) at beverage rounds

5) Weigh and re-screen using MUST tool weekly

1) **Refer to dietitian** for detailed nutritional assessment of:

- Oral intake

- Nutritional requirements

- Biochemistry

- Anthropometry

2) Follow dietetic care plan

3) Offer supplements as prescribed

4) Continue weekly weight and MUST screens

As for **MUST = 0** treatment plan plus:

1) Commence Food Record Charts and Fluid Charts

2) Offer Meritene Energis soups and milkshakes between meals if eating <75% of food offered

3) Follow MUST nutritional care plan

If losing weight, no signs of wound improvement OR if there are any nutritional concerns