**Managing Nausea and Vomiting**

**General considerations for managing Nausea and vomiting**

* Discuss the options for treating nausea and vomiting with the dying person and those important to them.
* Consider non-pharmacological methods for treating nausea and vomiting e.g. management of distress and anxiety with psychological therapy and dietary advice, such as small, frequent, low fat meals as appropriate.
* When choosing medicines to manage nausea and vomiting take into account:
	+ The likely cause and if it is reversible.
	+ The side-effects of the medication, including drowsiness.
	+ Other symptoms the person has.
	+ The desired balancing of effects when managing other symptoms.
	+ The compatibility and drug interactions with other medications the person is taking.
* If malignant bowel obstruction is suspected, refer to [Palliative Medicine: Malignant Bowel Obstruction guideline](https://viewer.microguide.global/guide/1000000244#content,06d63f8d-bbb1-4cc4-9d32-8160b21ed89b).
* Discuss the benefits, harms/risks and burdens of any medications offered.
* Utilise the ‘[Symptom Observation Chart for the Dying Person’](https://viewer.microguide.global/guide/1000000244#content,e15a1a3e-8645-4355-bf09-3889ef5f8329)  as part of the assessment of medication benefit.

Prescribe and give HALOPERIDOL 0.5mg to 1.5mg SC

Injection

 Max 5mg / 24 hrs

**If ineffective seek advice from Specialist Palliative Care Team**

If two or more doses of PRN HALOPERIDOL SC required in 24 hours follow

**Nausea and Vomiting**

**PRESENT**

**ABSENT**

Prescribe and give as per [Palliative Medicine: Nausea and Vomiting guideline](https://viewer.microguide.global/guide/1000000244#content,c39c7b4b-2f1e-4c94-b5cf-ca5aaf22653f)

Prescribe HALOPERIDOL 0.5mg to 1.5mg SC injection

Max 5mg / 24 hrs

Review dosage after 24 hrs. If two or more PRN doses given, then consider use of a syringe pump starting at 3mg/24hr of haloperidol

OR as per [nausea and vomiting](https://viewer.microguide.global/guide/1000000244#content,c39c7b4b-2f1e-4c94-b5cf-ca5aaf22653f) guideline.

**UNKNOWN CAUSE**

**KNOWN CAUSE\***

**\*Known Causes of Nausea and Vomiting:**

**Gastric stasis Opioid associated**

**Drugs/endogenous toxins Partial intestinal obstruction**

**Renal failure Vestibular disturbance**

**Liver failure Raised Intracranial pressure**

**References:**

Care of dying adults in the last days of life NICE guidelines (NG31) Published date: December 2015

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