

Who are Pavilions?

Pavilions is a partnership of organisations, led by Cranstoun, working with Surrey & Borders Partnership NHS Foundation Trust, Equinox, Brighton Oasis Project, YMCA Downlink Group and Cascade Creative Recovery.

Pavilions delivers Adult Drug and Alcohol Services for residents of Brighton and Hove.

We support individuals & families to improve their wellbeing, to take control, live meaningful lives and meet their recovery goals.

Please see our website for more detailed information www.pavilions.org.uk

 Follow us on
Twitter @Pavilions_org

 Like us on Facebook

 Email us at
info@pavilions.org.uk

We don't judge, we help.

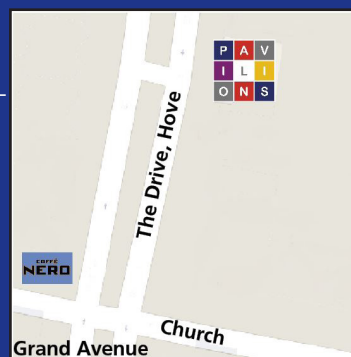


Service Commissioned
by Brighton & Hove City
Council

Our contact details

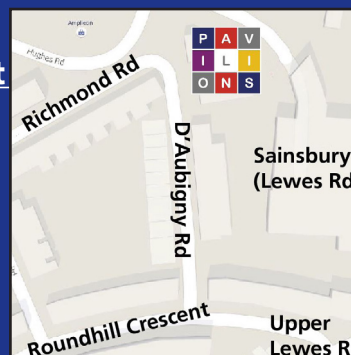
Families & Carers Team

9 The Drive, Hove,
BN3 3JE
t: 01273 680714



Main access point & referral hub

Richmond House,
Richmond Road,
Brighton, BN2 3RL
t: 01273 731900
t: 0800 014 9819



Women's Service inc Needle Exchange

11 Richmond Place, Brighton, BN2 9NA
t: 01273 696970

Needle Exchange

Brighton Homeless Healthcare, Morley
Street, Brighton, BN2 9DH

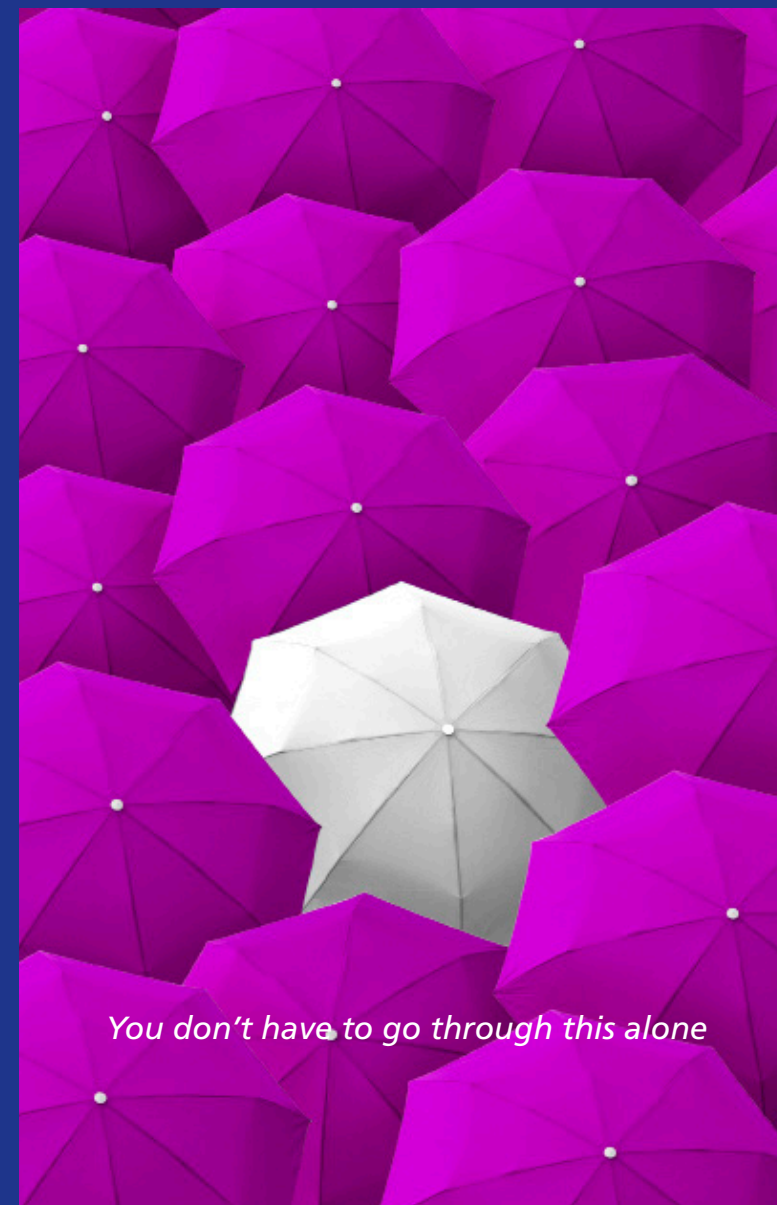
For more information and support, call
us between 9am-5pm Monday to Friday,
until 7pm on Thursday & 10am-1pm on
Saturdays.



**Maybe it's
time to call
Pavilions on
01273 731900?**

Families & Carers Service

Support for those affected by
another's drug or alcohol use



You don't have to go through this alone

What is the Families and Carers Service?

At Pavilions we understand how deeply families, friends and carers can be affected by the substance misuse of those they care about, so we offer support services for them, or anyone in the local community experiencing the effects of someone else's drug or alcohol problems.

It is not easy to overcome drug or alcohol dependency, but people can and do recover. Family, friends and carers can be a vital avenue of support for users and can provide the hope and inspiration that they need to turn their lives around. But often, the family cannot do it alone. That's where support services like ours, dedicated to helping the families of substance users, comes in.

Here you can meet other people going through similar experiences and get the support you need from our experienced staff.

Our clients say:

"I never imagined I would get my family back – I was broken and now I feel whole again"

"Without the service and the support they provided I feel my relationship with my brother would not have improved. Thank you"

"I feel less isolated and more informed to know the best way to manage my situation"



How to get in touch with us?

You can contact our team directly by phoning 01273 680714.

You can also email us at:

familyandcarers@pavilions.org.uk



We run the Families & Carer's Service from two sites (Richmond House and 9 The Drive), maps and addresses overleaf. Give us a ring if you'd like to come in and have a chat.

We offer evening appointments if its difficult for you to attend during office hours.

When you contact us we can discuss your specific situation and work with you to find the best solution. We can offer you a range of support options, further information and referrals to other services.

How we work:

After your first contact we will offer you an appointment with one of our team to hear about your situation, the impact on you emotionally, physically, socially and financially.

We will then offer you a wide range of appropriate daytime and evening services. This in turn will be empowering in making positive changes for your future.

Our Services:

Advice, Support & Information on a range of issues.

Referrals to other services which can help both families, friends, carers and the substance user.

Support Groups for families, friends and carers of substance users.

Outreach Support through home visits.

Training for families, friends and carers around basic counselling, communication skills, first aid, overdose prevention and basic drug & alcohol awareness training.

One-to-one support in a safe environment.

Confidential Counselling for families, friends & carers.

Relationship Counselling for any two people affected by drug or alcohol use.

Structured Education Groups offering knowledge and awareness around common issues for families, friends & carers.