

Possability People

Link Back: help after
hospital

“It’s good to know
there’s something
other than sitting in
this chair all
day long.”

Hello, we hope you are feeling better and looking forward to going home.

Link Back is a free service for anyone over the age of 55 who has had a recent hospital admission.

On your return home, we can help you:

- Find practical help to make life easier
- Get out and about or have more company
- Regain your confidence
- Get information, support and advice
- Find support to get online

If you would like to chat to us about the help you need then call us on **07795 905740** or email us: linkback@possabilitypeople.org.uk