

The Library and Knowledge Service has a number of ways to keep busy health care staff up to date with the steady flow of evidence. Below is a selected list of resources and services available for your use. For all resources see the Library and Knowledge Service website - [www.bsuh.nhs.uk/library](http://www.bsuh.nhs.uk/library)

To access\* the online resources listed you will need an **OpenAthens** account. Register for your account at <https://openathens.nice.org.uk>

\*Note: access may be limited to specific organisations; contact [bsuh.library@nhs.net](mailto:bsuh.library@nhs.net) for advice.

## Journals

[Applied Psychology](#)

[Early Intervention in Psychiatry](#)

[British Journal of Mental Health Nursing](#)

[Evidence-Based Mental Health](#)

[British Journal of Clinical Psychology](#)

[Journal of Psychoactive Drugs](#)

[British Journal of Psychiatry](#)

[Personality and Mental Health](#)

[British Journal of Psychology](#)

[Psychiatric Services](#)

Explore the full range of journals available at <https://journals.nice.org.uk>

## Books

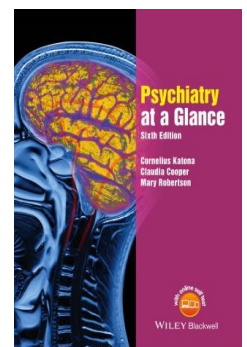
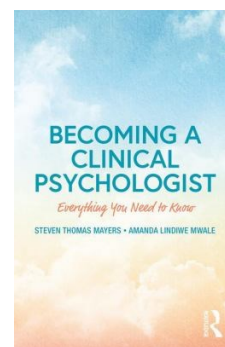
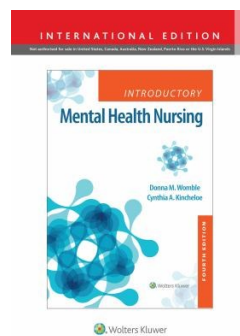
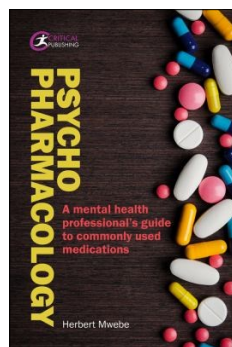
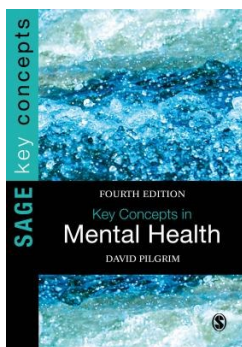
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See the full collection at [www.southeastlibrarysearch.nhs.uk](http://www.southeastlibrarysearch.nhs.uk)

## Evidence Searching

We provide evidence to answer questions about patient care, service improvement, research and clinical teaching. To request a search, please fill in the [request an evidence search form](#) on the library website.

Recent searches for Mental Health include:

- *Mindfulness for trauma*
- *Psychedelics and consciousness*
- *Measuring resilience and stress*
- *Religion and mental health*

## Evidence-Based Clinical Summaries



[VisualDx](#) - a point of care decision support tool for practitioners across the specialties, including primary care. VisualDx presents peer-reviewed photographs or diagrams of medical conditions such as skin conditions to assist in diagnosis.



[Clinical Key](#) - a decision-making resource that draws relevant answers from a wide range of current, comprehensive content across 30+ medical specialties.



Your instant second opinion

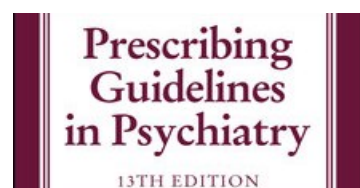
[Best Practice](#) - combines the latest research evidence, guidelines and expert opinion. Regularly updated, it draws on the latest evidence-based research to offer step-by-step guidance on diagnosis, prognosis, treatment and prevention. [App available.](#)

## Exam Preparation



We provide access to online exam resources from The Birmingham Course. Full details are on the [Study for Exams](#) page on our website.

## Prescribing Guidelines and Clinical Procedures



The Royal Marsden Manual of  
Clinical Nursing  
Procedures *Ninth Edition*

[The Maudsley prescribing guidelines in psychiatry](#) - the fully updated 13th edition of an essential reference for anyone responsible for prescribing drugs for patients with mental health disorders.

[The Royal Marsden Manual](#) - provides up-to-date, detailed, evidence-based guidelines for over 200 procedures related to every aspect of a person's care.

## Information Skills Teaching

We offer a wide range of skills sessions to support evidence based healthcare. For more information, see the [teaching](#) section on our website or contact [bsuh.library@nhs.net](mailto:bsuh.library@nhs.net)

## Current Awareness



Save yourself time and ensure you are up-to-date on the latest developments with KnowledgeShare, our award-winning current awareness service. It also links you with colleagues in other trusts to enable sharing of research and best practice.

Log in with your NHS OpenAthens account at [www.knowledgeshare.nhs.uk](http://www.knowledgeshare.nhs.uk) or contact us on [bsuh.library@nhs.net](mailto:bsuh.library@nhs.net) for more information.

See information on all our resources at [www.bsuh.nhs.uk/library](http://www.bsuh.nhs.uk/library)