



The official fundraising arm of the
Royal Alexandra Children's Hospital.

Our aim is to provide information that will help you understand
your child's injury and enable the appropriate after-care.

There are lots of useful injury leaflets to download at the Royal
Alexandra website; use the QR code below or follow the link:
theroyalalex.co.uk/clinical-services/aandel/



Useful numbers:

NHS 111 - 24hr advice line

Practice Plus (Brighton walk-in center/GP service)

0333 321 0946

8am/8pm - 7 days a week



Disclaimer: The information in this leaflet is for guidance purposes only and is in no way intended
to replace professional clinical advice by a qualified practitioner.

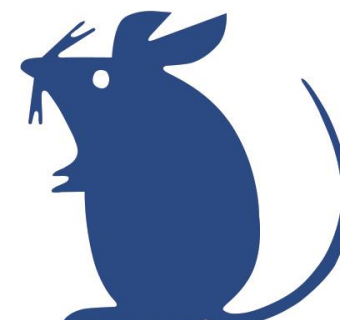
Authors: Darren Baldwin, Miki Lazner.

Reference no. 941 - Publish Date: January 2018 - Review Date: January 2020

Brighton and Sussex 
University Hospitals
NHS Trust

the
alex

Children's Emergency Department

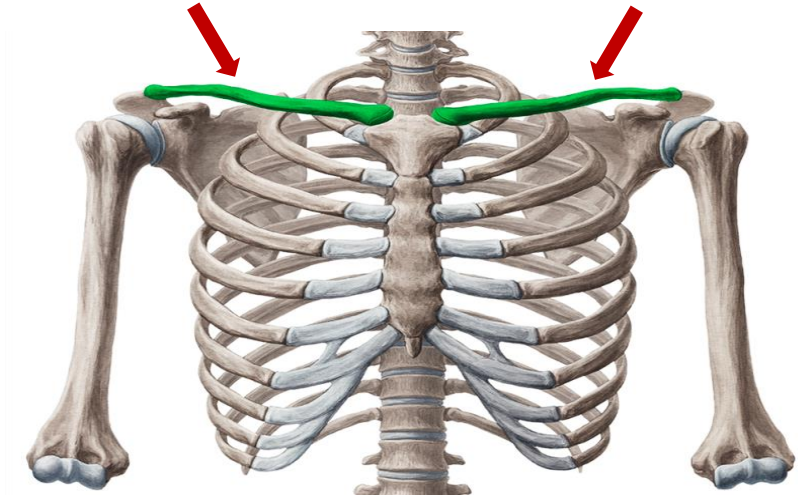


Clavicle Fracture

Information for parents, carers & relatives

What is a clavicle?

Clavicle is the medical name given to the collarbone.



Clavicle fractures are one of the most common long bone breaks in children; 90% of these are through the middle of the bone and usually result from a fall onto the shoulder tip or an outstretched hand.



What is the treatment for a clavicle fracture?

A simple clavicle fracture in all ages can be treated by wearing a sling for two weeks. Teenagers over twelve with a more complicated clavicle fracture may require a clinic follow-up with orthopaedics (a specialist in bones injuries).



What to expect

When the fracture is healed you may see or feel a lump over the area that was broken. This is nothing to be concerned about and is simply new bone that has formed around the fracture site; this may be present for up to a year.

What should we do when we get home?

We recommend that you give your child **regular** paracetamol and / or ibuprofen for the first 48 hours. ***We strongly advise no contact sports and activities should be restricted for 8-10 weeks.***